



Bushwalkers of Western Australia Inc.

Spring/Summer Programme 2009-2010.

Date	Event	Walk	Phone	Details	Meeting Place
September Long Weekend	<i>Overnight walk</i> Ballingup-	Jing X.	04037-53746	2 nights/3 day walk along Bib track.	Contact Jing by Sept 19 to book and organise
October. Sunday	Mundaring Weir Area.	Kirsten K.	9298-8969.	Hilly, 12kms circuit walk Nth-Sth Ledge - refreshments at	Midland 9am.
Friday Oct 9.	<i>Social Mela</i> Indian	Peter M.	9299-6088.	Tasty food - Tali and a la carte. Mela @ 428 William	Restaurant 7pm Confirm by
Sunday Oct 11.	Helena Valley	George B.	9299-7292.	Scenic 13kms hike in hills, cross some streams and view	Darlington PO. Cr Darlington
Sunday Oct 18.	Ellis Brook Valley -	John S.	9339-3843.	15km easy/med walk, mostly on track, with good views of	Kelmscott 9am.
Sunday Oct 25.	Mundaring Weir/	John B.	9295-1860.	Hilly circuit approx 12kms.	Hills Forest Discovery
Friday 30 Oct- Sun	Stirling Ranges	Stephen S.	04211-79301	2-3 days of demanding hikes for small fit group. TBA	Check with Stephen for
Friday Nov 6.	<i>Social Sparrow</i>	Janet H.	9272-8955	Indonesian restaurant, 434 William St, Northbridge	Meet restaurant 7pm.
Sunday Nov 8.	Lesmurdie foothills	Dave F.	9399-1053.	Relatively easy approx 10kms hike.	Meet Kalamunda, opposite pub
Sunday Nov 15.	Walk in Whiteman	Herman & Gisela R.	9297-2008.	9km easy walk through park, followed by BBQ in park and	Meet at Whiteman Village
Sunday Nov 22.	Walk Lake Joondalup.	Paul & Pranom.	9246-1848.	9kms circuit around lake, good views, BYO	Meet Neil Hawkins Park,
Friday Nov 27	<i>Dinner & Observator</i>	Sarah E	9242-1176.	Dinner in Kalamunda followed by guided tour of night sky	Meet Thai-on-the-Hill

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Sunday Nov 29.	Bold Park, City Beach.	Warren C.	9377- 8377.	Easy 9 km stroll through urban bush, some good ocean	Meet 8.30am Main car park,
December	Cycle along Swan River	Sarah E.	9242-1176	40km easy return cycle to Guildford for morning tea.	Banks Reserve, Joel Tce, East
Sunday Dec 13.	Xmas	Donna R.	9342-7911	Welcome drink, steak & sausages provided by BOWA.	Meet Bardon Park, 4pm.
2010. January	Cycle Swan River to	Peter M.	9299- 6088.	2-3 hours gentle pedal beside river past UWA + coffee.	Meet Burswood car park, off
Sunday Jan 17.	Somerville Film night	Sarah E.	9242-1176.	Bring picnic, and relax in the grounds before the film.	Meet 6pm near ticket office,
Sunday Jan 31.	Walk UWA, Nedlands	Janice Mc.	9380- 6769.	Pleasant walk around UWA & along Swan River - then BBQ at Janice's house. BYO	Meet UWA sailing/boat Club car park,
February. Sunday 7.	Beach walk.	Irene T.	9341- 6043.	Return walk along sand from Brighton's Beach to Swanbourne.	Meet Brighton's Beach car park 8am.

Before the walk

- * All visitors must phone the leader for details.
- * Walks leave promptly at the stated time. Aim to be at the meeting place 15 minutes earlier.
- * The club usually pools cars to conserve fuel and to minimize the impact on the environment. The club has a policy of reimbursement for petrol so please offer the driver 10c per km per person - don't wait to be asked!
- * Do not walk in front of the leader.
- * NO SMOKING on club activities.
- * Dogs are not permitted on club walks.

Walks Basics

- * Good footwear is important - both boots and thick socks.
- * Use a comfortable day pack to leave your hands free.
- * Bring the following: good quality wet weather gear, sun hat and sun screen, 1L of water at least (preferably 1.5L or 2L), eye protection in some off-track prickly bush areas, food and drink for morning and afternoon teas and lunch.
- * A basic first aid kit containing an elastic bandage, triangular bandage, plasters and antiseptic cream.
- * Leave the bush, flora and fauna as you would like to find them.
